



NEW YORK  
SKIN & VEIN  
CENTER

Name:  
DOB:  
Date:

## Skin Color Analysis – Fitzpatrick Type

**Please circle the skin type that is most similar to your ethnic heritage**

- I. Very fair (Celtic or Scandinavian)
- II. Fair skinned Caucasians with light hair and light eyes
- III. Pale skinned Caucasians with dark hair and dark eyes
- IV. Olive skinned Caucasians (Mediterranean, Asian)
- V. Dark skinned (Middle Eastern, Hispanic, some Asians)
- VI. Very dark skinned (African)

Please answer the following questions by circling the number which best describes you.

1. My eye color is:
  - 0 Light Blue
  - 1 Blue/Green
  - 2 Green/Gray/golden
  - 3 Hazel/Light Brown
  - 4 Brown
2. My natural hair color at 18 was:
  - 0 Red
  - 1 Blonde
  - 2 Light Brown
  - 3 Dark Brown
  - 4 Black
3. The color of my skin on the inside of my forearm is:
  - 0 Reddish
  - 1 Very pale
  - 2 Pale with a beige tint
  - 3 Light Brown
  - 4 Dark Brown
4. The number of freckles on my skin is:
  - 0 Many
  - 1 Several
  - 2 Few
  - 3 Incidental
  - 4 None
5. If I go out into the sun for an hour without sunscreen at the beginning of summer my skin will:
  - 0 Burn, blister, and peel
  - 1 Burn but when the burn heals - no color change
  - 2 Burn, then turns into a tan in a few days
  - 3 Get pink, then turns to a tan quickly
  - 4 Just tan
6. What is the potential darkness of your skin? After several hours of tanning, my skin will turn brown:
  - 0 Never
  - 1 Seldom
  - 2 Sometimes
  - 3 Often
  - 4 Always
7. How easily do you tan? During tanning my skin:
  - 0 Barely changes color
  - 1 Gets a golden hue
  - 2 Gets reasonably tan
  - 3 Gets tanned easily
  - 4 Turns brown quickly
8. How does your face react to the sun?
  - 0 It is very sensitive
  - 1 It is sensitive
  - 2 It is normal
  - 3 It is quite resistant
  - 4 It never has a problem
9. How often does your face get sun or tanning booth?
  - 0 Never
  - 1 Hardly ever
  - 2 Sometimes
  - 3 Often
  - 4 Always
10. When was the last time your face was exposed to either to sunlight or tanning booths?
  - 0 More than three months ago
  - 1 2-3 months ago
  - 2 1-2 months ago
  - 3 Within the past month
  - 4 Within the past two weeks

Total score: (0-7 I) (8-16 II) (17-25 III) (26-30 IV) (31-35 V) (35+ VI)