

ThermiVA Patient Information Guide

**The New Solution to
Female Incontinence,
Dropped Bladder,
Vaginal Dryness
and Pelvic Looseness.**

**New York Skin and Vein Center
Dr. Eric Dohner**

ThermiVA Patient Information Guide:

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Pelvic Looseness



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Pelvic Looseness

Dr. Eric Dohner

Dohner Press
2017

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6 Country Club Road
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Dedication

Dedicated to the women who came seeking answers to their bladder and vaginal disorders. You helped me learn as I helped you heal.

And to my staff, whose diligence and care has helped make my practice the foremost center in our area.

But mostly this is dedicated to those who still struggle with bladder control and pelvic dysfunction.

Help is at hand.

Contents

Foreword

Introduction: Who Is Dr. Dohner?	1
Chapter 1: This Book Was Written for You!.....	3
Chapter 2: What Is ThermiVA and How Does It Work?.....	5
Chapter 3: Who Performs the ThermiVA Treatments and What Does It Feel Like	7
Chapter 4: What Other Women Are Saying about ThermiVA	9
Chapter 5: The Invention of ThermiVA and Comparisons to the Alternatives	13
Chapter 6: Top Six Reasons Why Women Love ThermiVA	17
Chapter 7: Is ThermiVA Right for You?	19
Chapter 8: Who Should NOT Have ThermiVA?	21
Chapter 9: Preparing for Your Treatment	23
Chapter 10: ThermiVA By the Numbers	25
Chapter 11: What RealSelf.com Says about ThermiVA....	27
Chapter 12: Wait! Does My Insurance Pay for This?	31
Chapter 13: Final Thoughts: Go for It!.....	33

Foreword

Dear Friend,

As a medical doctor, I understand that this subject is sometimes difficult for women to talk about with anyone BUT if you have a problem with wetting, overactive bladder, dryness, or dropped bladder, I have good news for you! There is an alternative to surgery, hormones, pads and pills. Something that will allow you to regain your life. Something that will free you to travel, exercise, and enjoy intimate relations with your husband again!

The solution is ThermiVA: a simple, painless, short procedure that can help women, just like you, who struggle with dribbling, overactive bladder, vaginal dryness/pain and pelvic looseness.

In this book, you're going to learn all about the latest medical science available for you; about the problems that many women face and, most importantly, how you can overcome them!

It's time to take back your life!

Dr. Eric Dohner

Introduction: Who Is Dr. Dohner?

Dr. Dohner has resided in upstate New York for the past 25 years serving the five-county area of Broome, Chenango, Otsego, Delaware and Schoharie. He has delivered over two thousand babies in his career and is very familiar with the problems that aging and childbirth cause to a woman's body. Dr. D is the medical director for the New York Skin & Vein Center, the premier vein institute in Upstate New York. First established as Oneonta Laser Derm in 2001 by Dr. Eric Dohner, the New York Skin & Vein Center is the region's ONLY comprehensive skin and leg vein care center.

Dr. Dohner and his professional team use the most advanced treatments and technology so they can help you overcome your problems that are keeping you from enjoying a full and complete life. Dr. Dohner can ensure you that if you choose to undergo a treatment you will receive the highest level of care in a relaxed, cheerful, and pain-free environment. The Center is offers non-surgical treatments of women's pelvic disorders and has been offering ThermiVA treatments since 2016. All procedures are performed in the office by private and confidential nurses who have had the procedure themselves. You will be able to walk out of the office within minutes of the successful completion of your treatment.

Eric Dohner, MD received his medical degree at Temple University School of Medicine, PA, in 1989. He completed a residency in Family Practice at Strong Memorial and Highland Hospital at the University of Rochester, NY. Elected a member of Alpha Omega Alpha Medical Honor Society in 1998 while in medical school, Dr. Dohner is board certified by the American Board of Venous and Lymphatic Medicine (ABVLM) and by the American Board of Family Practice (ABFP). He is certified as a Registered Phlebology Sonographer (RPhS) and is a member of the American Society of Lasers in Medicine and Surgery and the American College of Phlebology. Following a career as both an attending physician and an emergency room physician, Dr. Dohner entered private practice with offices in Binghamton, Walton, Oneonta, and Norwich, NY.

Chapter 1: This Book Was Written for You!

Has This Ever Happened to You Before?

You really want to go to the new show at the theater. But all your friends say that it was hilarious and they laughed their heads off. No one except you knows that every time you laugh you wet yourself. How embarrassing. So instead of having fun with your friends and husband, you stay home because you know where the bathroom is. A drive to your sister's house two hours away is unthinkable. You'd have to stop at least three times during the drive...who wants to use a gas station bathroom?

Or This:

It's your once-a-month date night with your husband on a Friday night. You know what that means. Dinner and a movie or a show and maybe even dancing. He rubs his hand up and down your back because he knows what's happening that that night. You do too, but you're a little uncomfortable. In fact, you're a lot uncomfortable. Change of life has brought wisdom and the kids are out of the house. But it also brought dryness and painful sexual relations with your husband. Lubricants only help to some extent. You don't want to take dangerous hormones. What next?



How Did This Happen to You?

Vaginal childbirth or multiple births and the effects of menopause can cause physical changes which rob women of their sense of well-being and personal happiness. Some of these issues include:

- Vaginal Dryness
- Urinary incontinence (wetting)
- Overactive bladder
- Problems achieving an orgasm

- Weakness of the pelvis, allowing the bladder or rectum to fall into the vagina

ThermiVA Could Be Right for You if You Are Experiencing Any of These Symptoms:

- Do you occasionally dribble or leak when you sneeze, cough, laugh, or exercise?
- Have you ever “not quite made it” to the bathroom on time?
- Do you have a dropped bladder, uterus, or rectum?
- Do you feel uncomfortable with the way you look in yoga pants?
- Do you feel “loose” vaginally since childbirth or menopause?
- Do you feel dry during intercourse?
- Do you have trouble reaching orgasm?
- Are you experiencing loss of self-confidence?
- Loss of interest or desire in sex due to problems with intercourse?
- Have your intimate relationships suffered due to these changes?

You Are Not Alone:

- 40% of American women have Overactive Bladder.
- 57% of women ages 40 to 60 have stress incontinence (wetting or dribbling). This increases to 75% by age 75.
- 50% of Menopausal Women suffer Atrophic Vaginitis (Dryness) with thinning of the vaginal wall and this affects women on supplemental hormones as well.
- Over 50% of women experience Orgasmic Disorders – difficulty achieving orgasm due to loss of sensitivity, moisture, and pain from intercourse.
- 46% of women report that they are not happy with “camel-toe” and feel insecure about their appearance.
- Some women don’t like the way they look in a bathing suit.

Chapter 2: What Is ThermiVA and How Does It Work?

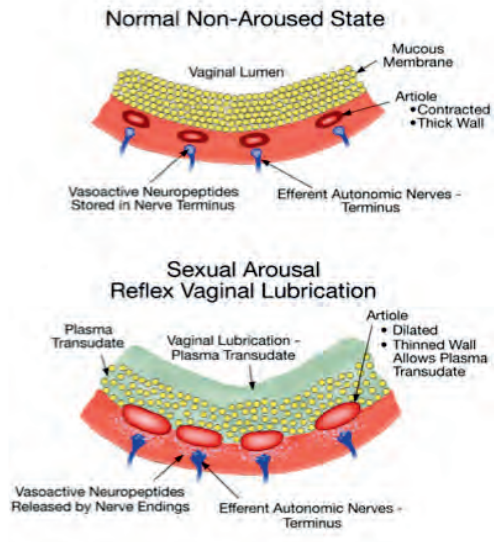
How Does ThermiVA Work?

ThermiVA treatments use radio frequency energy to gently heat and tighten tissue so that women can reclaim, restore, and revive feminine wellness without discomfort or downtime. It is designed to treat the internal and external anatomical parts of the vagina and vulva. It increases blood flow and restores nerve signaling resulting in normal vaginal lubrication.

Heating of the skin and mucosa causes immediate and long-term collagen contraction, remodeling, elasticity and production.

What Does Collagen Tightening and Stimulation Do?

Tightening effects to the area of the urethra called “pubocervical fascia” results in an amazing reduction in leaky bladder. Both stress and overactive bladder are relieved consistently. The tightening is immediate and many patients report that they are dry after just one treatment! Dribbling goes away, urge symptoms subside. In fact, the effects of radiofrequency on the bladder are just about as good as any of the anticholinergics drugs available without the dry mouth and constipation.



ThermiVA was honored as Best Feminine Rejuvenation Device for 2016 by a leading journal.



A recent study of 23 patients reported:

- Significant improvement in laxity in all patients
- Notable improvement in cases of atrophic vaginitis, stress urinary incontinence, and orgasmic dysfunction.

All the women had the ability to resume all activities the same day, including intercourse.

Chapter 3: Who Performs the ThermiVA Treatment and What Does It Feel Like?

All consultations and treatments are provided by confidential highly-trained nurses who have actually had the ThermiVA treatment themselves!

You are seated on a warm soft comfortable exam table with foot rests. The ThermiVA wand is then moved over your perineum in a standard fashion for approximately 15 minutes. The wand is then gently inserted into your vagina to tighten the bladder wall for another 15 minutes. The treatments feel like a warm washcloth on your bottom without pain or discomfort.



The ThermiVA Wand is the size of a women's finger and very comfortable.

These safe, effective and quick ThermiVA treatments require no anesthesia or downtime and you will achieve the improvement you want and need in just three monthly treatments. Best of all, there are no detrimental side effects! No more vaginal dryness. No more painful intimacy. You can enjoy renewed relationships with your partner the same day!

What You Can Expect:

- ☑ No surgery
- ☑ No downtime
- ☑ No anesthesia
- ☑ Comfortable, in-office treatments
- ☑ Three 30 minute sessions, one month apart
- ☑ May resume sexual relations same day/night
- ☑ Noticeable improvement after 1st or 2nd session
- ☑ Long lasting results

THERMiVa®



Chapter 4: What Other Women Are Saying about ThermiVA

“My vaginal dryness decreased. I no longer need as much lubrication during intercourse. The procedure was with minimal discomfort. I am looking forward to even better results in the coming months. Lisa was such a good nurse. She made me feel comfortable during the session. This made the time go so fast My vaginal dryness decreased. I no longer need as much lubrication during intercourse. The procedure was with minimal discomfort. I am looking forward to even better results in the coming months. Lisa was such a good nurse. She made me feel comfortable during the session.”

A.D.—South New Berlin, NY

“Amazing!!! I went to my gynecologist for all of the tests and was told what triggers urine leakage: coffee (even decaf), pineapple, etc. (Over 40 things to avoid in total!) Avoiding those things was not effective. I still had serious leakage!! I had to take a pad and an extra pair of underwear in my purse everywhere I went, just in case. Now, after the treatment, I have peace of mind, dry underwear and a new lease on life. I am not 100% but I am 95%. I can breathe easily knowing I am unlikely to have an accident!”

D.P.—Binghamton, NY

“I am a 53-year-old woman who has had two children. My labia was loose and a bit saggy and no matter how many Kegels I did, my vagina felt large and loose. Sex was ok, but I had lost confidence in myself and my ability to please my partner. I didn’t know what to think about “the procedure,” but there was no downside to it: no pain, no burning, no discharge, no mess. It was after the second treatment that I noticed a significant difference. My labia were fuller and softer and my vagina was noticeably tighter. Sex was very good. After the third and final treatment, I was surprised that my labia seemed closer to my body and there also was some vaginal tightening. I didn’t think things could get tighter or sex better, but they did and I am so thankful to my doctor for recommending this procedure.”

Name Withheld

From a Physician Who had ThermiVA:

“I am turning 50 this year and I am noticing many changes in my body. As a female physician in the aesthetic field, I have mastered a repertoire of non-invasive solutions to address many of the aging changes that bother my patients, thus every day helping my patients feel better and more confident about themselves. However, some of the changes that happen to women with aging such as vaginal dryness, vaginal mucosa thinning, vaginal canal laxity, urinary leakage and decreased sensation with sexual intercourse, even as a physician, I thought had to just be accepted and endured until I discovered ThermiVA. Bladder leakage and lack of orgasm with intimacy were two of the nuisance aging changes from which I have silently suffered for many years. I never told my doctor at my yearly checkups. I never talked about it with my husband. Why not? Because until now, other than hormone replacement which I was already on, and surgical intervention which I was not ready for, medicine did not offer any easy solutions. It is astounding to me, as these problems affect all women in their perimenopausal and/or menopausal years. Then I discovered ThermiVA. Today, I finished my third and last ThermiVA treatment. I am delighted to share with you that my results thus far have exceeded my expectations. My urinary leakage has reduced by 80% and my doctor assures me that my results will continue to improve during the next three months. I am finding sexual intercourse as enjoyable as I in my twenties again. As a perimenopausal woman, I highly recommend ThermiVA treatments to any woman suffering from feminine aging changes.

A Happy Doctor AND Patient

“Now that I have completed all my treatments I wanted to give you my impression on ThermiVA. The treatments have really been wonderful and quite easy. I had no blisters, no burns, no discharge, and not a single complication. I had sex the same day of my treatments and I went to my gym immediately and it’s as if no procedure had been done. It’s crazy! The ThermiVA wand was so comfortable and slim that I barely felt it being inserted and I felt just gentle pressure. All I felt was slight warmth on my labia and vagina. Inserting a tampon is probably more uncomfortable than your device. The whole procedure wasn’t scary in the slightest. So, let me summarize how I felt immediately after your treatments and how it is

now that I am month later. The first treatment definitely got me tighter and my husband loved it. It wasn't immediate for me (it took me two weeks before I felt significantly tighter) I got even tighter after the second treatment and then even more after the third treatment. My husband said that my muscles felt stronger, I had better grip and more noticeable friction. He loved the way the outside labia looked and he said it made a big difference visually. Appearance and comfort was so much better in both our eyes. Now I can wear my tighter clothing without rubbing or at least not feeling irritated anymore. There was no difference in my vaginal moisture but that had never been a problem for me. My orgasms come quicker now with the same intensity and there's been no change in the frequency of my orgasms. I'm not sure why my orgasms are better but perhaps it is because of my improved appearance giving me more confidence and less self-consciousness. For sure I can feel my husband more and I'm definitely tighter. I couldn't have multiple orgasms in the past, now I'm able to have multiple orgasms for the first time in my life. I have more sensitivity. The strength of my orgasms is about the same as before, but it feels better for some reason. I can't really explain. Anyway, this is probably the best lunchtime rejuvenation available out there! I'd pay for this procedure over and over—and over again!”

A Loving Wife and Mother

“I went to have the ThermiVA procedure because after two kids, I was seriously bothered by the incontinence I experienced. OMG!! It works! I've been going to the gym for years and found that when I did really active movement (jumping jacks, intense zumba, etc.) I had some leakage. Kegel exercises might work if you do a million of them but they weren't working for me. One ThermiVA treatment solved the problem!!! The procedure was painless, fast, and immediate. It's worth every penny spent. I could not be happier with the experience and the results. Dr. Dohner was very thorough and professional during the whole visit as well as his staff. I ask a lot of questions and give a lot of feedback, but they were so polite and welcomed the information. I don't mind the aesthetic benefits, but that was secondary to my incontinence issues. I only wish this procedure had been around sooner!”

Anonymous

Chapter 5: The Invention of ThermiVA and Comparisons to the Alternatives

The following is from Dr Red Alinsod who is a Urogynecologist from California who helped develop ThermiVA.

What are the differences between ThermiVA and Lasers for Vulvovaginal Rejuvenation? (Femlift, MonaLisa, Intimalase, Viveve)?

When looking objectively at choices, ThermiVA radiofrequency technology is rapidly becoming the standard by which all feminine rejuvenation devices are being compared to and judged by. RF is only RX to show increase in elastin and the only technology to have histologic studies. This means the tissue was biopsied after a treatment to look for improvement in the health of the tissue.

So, what can ThermiVA do?

It can do two things well. First, it can tighten vulvovaginal tissues incontestably better than any laser system on the market. It can tighten the labia majora sagging dramatically to levels not seen by laser systems both CO2 and Erbium, both ablative and nonablative, both fractional and non-fractional. There are dozens of photos on www.ThermiVA.org and other websites showing the amazing tightening effects externally with the use of ThermiVA. Go try to find a single set of photos showing the Before and After tightening effects of any laser system and compare them to ThermiVA. They will be hard to find because the laser systems, like FemiLift or MonaLisa or IntimaLase, are not routinely used to shrink the labia majora. In fact, you need a separate hand piece and anesthesia if you choose to use it for the labia majora. There is significant downtime with that ablative treatment.

In contrast to lasers, ThermiVA applies heat (40-45 Celsius) that is sustained and comfortable because it is “temperature controlled.” ThermiVA uses very smart software and technology that is able to slowly heat tissues to targeted temperatures and then maintain the temperatures to obtain the tissue contraction that the “blast and cool” laser methods could not achieve consistently.

ThermiVA’s internal treatments of the vagina are superior in tightness than any currently available laser system geared for vaginal

rejuvenation; it has been clinically confirmed by dozens of ThermiVA users.

One more thing, with the tightening of vaginal tissues, you can target the tightening effects to the area of the urethra called “pubocervical fascia.” This results in the amazing reduction in leaky bladder. Both stress incontinence (leaking from increased pressure such as a cough, sneeze, jump) and overactive bladder are relieved consistently. The tightening is immediate and many are dry after just one treatment.

Dribbling goes away, urge symptoms subside.

In fact, the effects of radiofrequency on the bladder are just about as good as any of the anticholinergics drugs available without the negatives of dry mouth and constipation.

Urogynecologists who offer ThermiVA have reported dramatic reduction in number of bladder surgery needing to be performed and number of prescriptions written for overactive bladder. No mesh. No drugs.

Secondly, Thermiva increases blood flow. This is perhaps the “Biggest Deal.”

While it is true that vaginal and vulvar biopsies have not been published to show the microscopic effects—because those studies are not quite complete yet—on visual exam (a macro exam) you can see vessels forming on labial and vaginal tissues. The increased blood flow is real as evidenced by the increased transudate from arterioles going into the vaginal canal and resolution of the dry vagina. This effect is one of the few things in my practice that I can say is 100% since **not a single patient** has failed treatment for atrophic vulvovaginitis (dry vulva and vagina). Along with the increased blood flow comes improvement in the sensitivity of the vulvar structures, the clitoral region, and internal vagina.

Regarded by many as “Female Viagra” (due to the increased blood flow in the genital structures treated) ThermiVA also increases sensitivity of the G-Spot areas and, as a result many patients have reported consistently improved orgasmic response.

And it gets better! Because of this increased blood flow, there is increased production of collagen. Tighter new collagen that is more pliable and soft. Even the most atrophic vagina with a pinpoint hole for entry (not at all amenable to the large FemiLift or MonaLisa laser hand pieces) will get softer, more pliable, and moist, allowing for comfortable sex after just three treatments!

ThermiVA's thin and gently curved hand piece allows for such delicate treatments needed for thickening of the vaginal lining and resolution of painful intercourse.

There is one other radiofrequency treatment on the market called Viveve but most women report that it is very painful.

ThermiVA vs. the Competition:

ThermiVa	Lasers
Small curved handpiece	Large barrel handpiece
Treat external and internal	Treat internal only
No post op pain, discharge	Post op soreness and discharge
No need for anesthesia	Need topical anesthesia

Safety: No known adverse reactions or complications with ThermiVA. No blisters or burns. No need for laser glasses or smoke evacuators or masks for the venereal wart viruses that may get in the air with laser systems when they smoke tissues.

Convenience: ThermiVA has a single use wand. You know it is a brand new and clean wand when you open the package yourself. Plus, with not having to switch handpieces, there is no downtime when you go from external to internal treatments and no need to disconnect and reconnect anything. It is a totally seamless procedure.

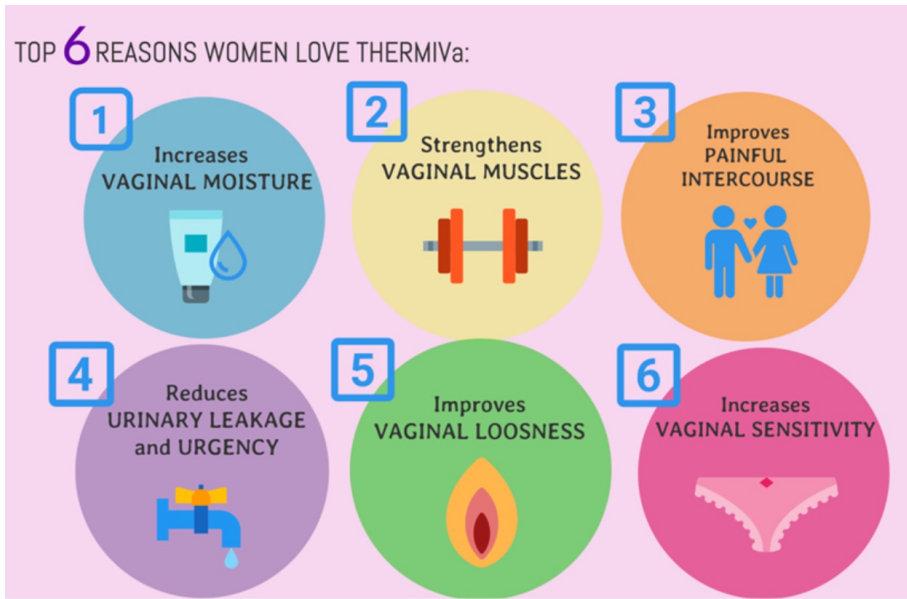
Anesthesia: ThermiVA does not need any type of anesthesia. Laser systems typically do not need anesthesia for internal vaginal treatments but will most likely need anesthetic cream for treatment of the vaginal opening and labia majora. ThermiVA treatments feel like a warm stone massage while laser treatments are known to give painful sensations during treatment.

Downtime: Zero downtime for ThermiVA. You can have sex, go to the gym, do anything you want to immediately after treatments. There is no abnormal discharge after treatment. Laser systems claim no downtime also, but there is a discharge from the ablative or resurfacing effects for 5-7 days. It is not appropriate to claim that

there is no downtime or discharge with the use of FemiLift or MonaLisa or IntimaLase.

Results: Patient satisfaction is very high with ThermiVA and the stories told are simply amazing. It is more than just tightening of the feminine structures! ThermiVA addresses the complete spectrum of feminine rejuvenation. Pelvic pain and discomfort from atrophy or dryness improves. Everyone who is dry and atrophic gets moister (even irradiated pelvis). Results for incontinence are similar to surgery and drugs.

Chapter 6: Top Six Reasons Why Women Love ThermiVA



Chapter 7: Is ThermiVA Right for You?

The best candidates for ThermiVA are women who want an improvement in their pelvic health overall. It helps with overactive bladder, urinary incontinence, and vaginal dryness.

ThermaVA can decrease the frequency of urination if you have overactive bladder. Remember It is normal to urinate up to 8 times per day. It is not realistic to try to urinate less frequently than that in a 24 hour period.

You may have ThermiVa even if you have the following:

- Patients with mesh are considered safe unless they have had complications
- Lichen sclerosis
- Women with IUD
- Previous Hysterectomy
- Low-grade GPV on Pap smear
- History of Episiotomy, hemorrhoids and scar tissue

Chapter 8: Who Should NOT Have ThermiVA?

If you have problems with leakage or dribbling, the best way to know if you'll get an improvement is to do the cough or jump test. With a full bladder, cough or jump and check for leakage. Then empty your bladder and cough or jump again. If you still leak with empty bladder then you might not be the best candidate for ThermiVA.

Who Else Should Not Have ThermiVA?

If you:

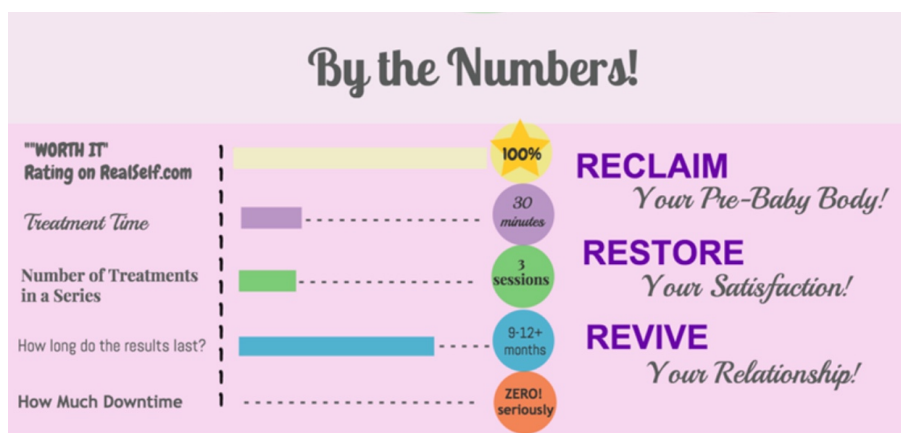
- Use a bladder catheter or have interstitial cystitis
- Have severe pelvic prolapse
- Have an implanted pacemaker, defibrillator or pain stimulator
- Have untreated precancerous or cancer of cervix or vagina
- Have visible warts, HSV or molluscum
- Have an undiagnosed abnormal Pap smear
- Are pregnant

Chapter 9: Preparing for Your Treatment

How to Prepare for Your ThermoVA Treatment:

- Shave your public area a few days before the treatment.
- Make sure you've had a normal Pap smear within the past 2 years if your doctor believes it's important for you to have them.
- If you've had bladder surgery then you'll need approval from your surgeon.
- You can't have any active lesions such as herpes or warts.
- You can drive yourself to and from the treatment.
- If you are prone to urinary tract infections, then taking an antibiotic before can help prevent a UTI.
- If you are prone to yeast infections, then taking a Diflucan tablet before the treatment can prevent one.
- ThermoVA can usually be done same day as consult.

Chapter 10: ThermiVA by the Numbers



"Worth It" Rating on RealSelf.com	As Close to 100% As You Can Get!
Treatment Time	30 Minutes
Number of Treatments Needed	3 Sessions (1 Month Apart)
How Long Do the Results Last?	9 to 12 Months with Maintenance Treatments Once per year
How Much Downtime?	ZERO! Seriously!

RECLAIM
Your Pre-Baby Body!

RESTORE
Your Satisfaction!

REVIVE
Your Relationship!

Chapter 11: What RealSelf.com Says about ThermiVA

Realself.com is a website that allows women to tell of their experiences for treatments without any editing or corporate interference. I encourage you to go to the website to see for yourself what women are writing about ThermiVA. Here are some of the highlights:





WORTH IT

Children and Stress Incontinence - Cedar Rapids, IA

Maebe12005 • \$3,000 • Cedar Rapids, IA • Updated 4 days ago

I had one treatment and immediately could not wait to go test out the results. I have children and I am very active. We frequently go to the trampoline park and we also have a trampoline of our own. I was so impressed by this single treatment. I had a full bladder and jumped with my daughter for... [READ MORE >](#)

4 comments • 1 member found this helpful



WORTH IT

Thermiva - Amazing Treatment !

loveme4413 • \$2,850 • Advanced Dermatology • Updated 5 days ago

I had this treatment done with Dr. Sonoa Au and I have already noticed a difference, aesthetically speaking. I wanted to "rejuvenate" the vajayjay non-invasively and I already achieved some of the results that I was looking for, after the first treatment. I am going to have all three treatments... [READ MORE >](#)

1 comment



WORTH IT

58 Yr Old WW Two Vaginal Births... Many Yrs Ago! - Marietta, GA

sln5775 • \$1,200 • Marietta, GA • Updated 5 days ago

You can see and feel results right away! Can't wait for my next scheduled treatment. Once you get past the pictures you are very comfortable with the procedure. It's time to start doing something for you and your partner, my husband noticed a big difference from the first treatment how it... [READ MORE >](#)

1 comment



WORTH IT

Hysterectomy Weak Bladder - Orlando, FL

zamina • \$1,500 • Orlando, FL • Updated 18 days ago

Already feeling tighten vagina and bladder control . The procedure was painless and felt more like a massage. Dr Serrao was very gentle and experienced during the procedure. I have two more sessions and very excited and confident about the end results. Anyone having bladder control issues when... [READ MORE >](#)

2 comments



ThermiVa is Worth Every Penny! A Procedure for Women, and Their Men! :-) Austin, TX

texasgirl1970 • \$3,000 • Austin, TX • Updated 23 days ago

Let's face it, this area is never an easy thing to talk about. I did my research and found Dr. Jennifer Walden in Austin, TX. I was worried that the procedure would be awkward or uncomfortable. It was neither. This was a very clinical setting, very comfortable and was over in about 30-45 minutes... [READ MORE >](#)

[1 comment](#)



4 Kids Later..... - Salt Lake City, UT

Eclark78 • \$999 • Salt Lake City, UT • Updated 26 days ago

I went to Gateway Laser Center and saw Inna Prokopenko, R.N. for the new ThermiVa laser vagina tightening treatment. I had concerns in regards to the laxity and looks of my vagina after having had 4 kids. To my surprise Inna informed me of all the other great benefits of having this treatment... [READ MORE >](#)

[1 comment](#)



58 Year Old Wants A New Happy Life. Laguna Beach, CA

Gracefulone4U • \$3,500 • Laguna Beach, CA • Updated 26 days ago

After years of problems with incontinence, embarrassing dryness and lack of sensitivity I was tired of feeling inadequate. The procedure was painless and non invasive. In one session I gained greater urinary control, the entire area looks firmer and smoother, and I find I am able to enjoy... [READ MORE >](#)

[1 comment](#) • [1 member found this helpful](#)



ThermiVag Was Awesome - Scottsdale, AZ

mbc13 • Scottsdale, AZ • Updated 1 month ago

After 3 vaginal births and complicated health issues, my 57 year old vagina had seen better days. It was so loose and lips were hanging... I wanted to find an improvement and I did thanks to Dr. Ong. The procedure is painless, no downtime, and Dr Ong was awesome. I had 3 treatments and there... [READ MORE >](#)

[1 comment](#) • [1 member found this helpful](#)



I Got my Quality of LIFE Back Thanks to Dr. Ong and ThermiVU! - Scottsdale, AZ

erinjaz • \$3,000 • Scottsdale, AZ • Updated 3 months ago

I was getting worse and worse and more insecure and upset when I laughed, coughed, ran, bent down, and many times with no rhyme or reason urinating. I started making fun of myself with my close girlfriends! After 3 years of it getting worse I looked into getting a bladder lift and started the... [READ MORE >](#)

[2 comments](#) • [1 member found this helpful](#)

Chapter 12: Wait! Does My Insurance Pay for This?

ThermiVA is not covered by any health insurances at this time; however, the cost is thought by almost all of the women who have had it performed to be worth every penny! When compared to alternative standard treatments, it is very comparable in the long term: including surgery, hormones, and pills, not to mention pads and underwear replacement. And remember, ThermiVA does not have any of the side effects that these other treatments can impose upon you.

There are several ways to have ThermiVA financed, including: Prosper Lending, Care Credit, in-house payments plans, 'lay away,' and credit cards. Call our patient care coordinator to discuss the various methods that we can find for you, so you can enjoy all of the benefits of ThermiVA.

Chapter 13: Final Thoughts: Go for It!

Imagine what it would be like to not have to worry about wetting yourself and having to keep spare underwear or panty liners with you all the time!

Imagine not having to know where the closest bathroom is all the time!

Imagine a night of being with your partner and not having to worry about dryness or vaginal pain.

Imagine being able to go on long trips without worrying about the bathrooms along the way!

The New York Skin & Vein Center team will help you achieve this exciting, reachable goal. And, you will regain those lost anxious hours in your day. In fact, you'll have a new, confident, and healthy life to look forward to.

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ThermiVA Patient Information Guide:

The New Solution to Female Incontinence, Dropped Bladder, Vaginal Dryness and Pelvic Looseness.



Dr. Eric Dohner is widely recognized as the expert in Upstate New York State for helping women with issues that have been ignored in the past, including varicose veins and pelvic problems. In his new book, *“The New Solution to Female Incontinence, Dropped Bladder, Vaginal Dryness and Pelvic Looseness”*, Dr. D

lays out the problems that childbirth and aging cause and how to get them fixed without dangerous surgery, hormones, or drugs.

Just a few of the things you’ll learn in this easy to read, easy to understand book include:

- What are the causes of Overactive Bladder, Stress Incontinence and Vaginal Atrophy?
- What are the differences between Overactive Bladder and Urinary Incontinence?
- How many times a day is it normal to go to the bathroom?
- What do I gain by having ThermiVA?
- Who Should Not Have ThermiVA?
- Are there other treatments for these pelvic problems and how do they compare to ThermiVA?
- Wait! Does my insurance pay for this?

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