

Let's Celebrate **V Day!**

From about the age of 12 or so, many women have a love/hate relationship with their bodies - especially "down there". From those first gut wrenching period pains, to PAP smears, pregnancy and childbirth to menopause and beyond... Some days it can seem (and feel) like your pelvis and vagina is out to get you! But let's take a moment to appreciate the beauty of being a woman; to acknowledge that your "feminine core" should also be about confidence and pleasure. So if you've been experiencing reduced intimacy due to discomfort from vaginal dryness or laxity, OR have overactive bladder or leak a little when you sneeze, cough or laugh (that's not fun!) then read on to discover how you can learn to love your V again.

ThermiVA

Has this ever happened to you - you're watching a funny movie and laugh out loud only to experience a little urinary dribble? Or you cough a little too hard and leak?

If any of these things have happened to you, you are not alone! Almost 60% of women over 40 have stress incontinence (wetting or dribbling) and this increases to 75% by age 75! But that doesn't mean you have to accept "wetting yourself" as part of growing older. There is an answer!

Do you avoid intimacy with your partner because it's just not comfortable or fun anymore? Then you should know that ThermiVA is also proven to gently tighten vaginal laxness (which can occur after childbirth and menopause) and reverse vaginal dryness which can lead to painful intercourse.

ThermiVA is a safe and comfortable, non-surgical procedure that uses a tiny radiofrequency energy wand to gently heat and tighten loose tissue. It also stimulates the nerves that treat urinary incontinence, overactive bladder and vaginal dryness.

Requiring just three monthly 30 minutes sessions, ThermiVA can help you reclaim, restore and revive your feminine wellness without any discomfort. And best of all, because ThermiVA is so gentle, there is no need for anesthesia which means absolutely no downtime! You can return to your usual routine immediately after treatment! Also the treatments and consults are done by nurses who have had the procedure themselves!

Laser Hair Removal

Are you tired of shaving bumps? Had enough of painful waxing? Maybe it's time to consider permanently removing that unwanted "hair down there"? Painless fast laser hair removal will stop your hair follicles from growing that produce the hair shaft, so no more stubble or hair! You'll need 4 to 6 treatments to be as completely bare as you want to be! So throw away your razor and wear your bathing suit with confidence by calling for your laser hair removal consultation this month!

The O-Shot

So many women struggle to reach orgasm that some women say that they don't actually believe that they're real! A lot of attention has been paid to the sexual problems of men but until recently not much was given to the struggles of women. But anorgasmia, the medical term for having difficulty achieving an orgasm, is a very real problem for some women.

Until now there hasn't been a treatment for women but exciting new research has shown that Platelet Rich Plasma (PRP) can be very effective. PRP uses the platelets from your own blood which are highly stimulatory for collagen production and healing. It has been used extensively for many years to treat sports injuries and arthritic joints, speed healing after surgery, and to treat hair loss.

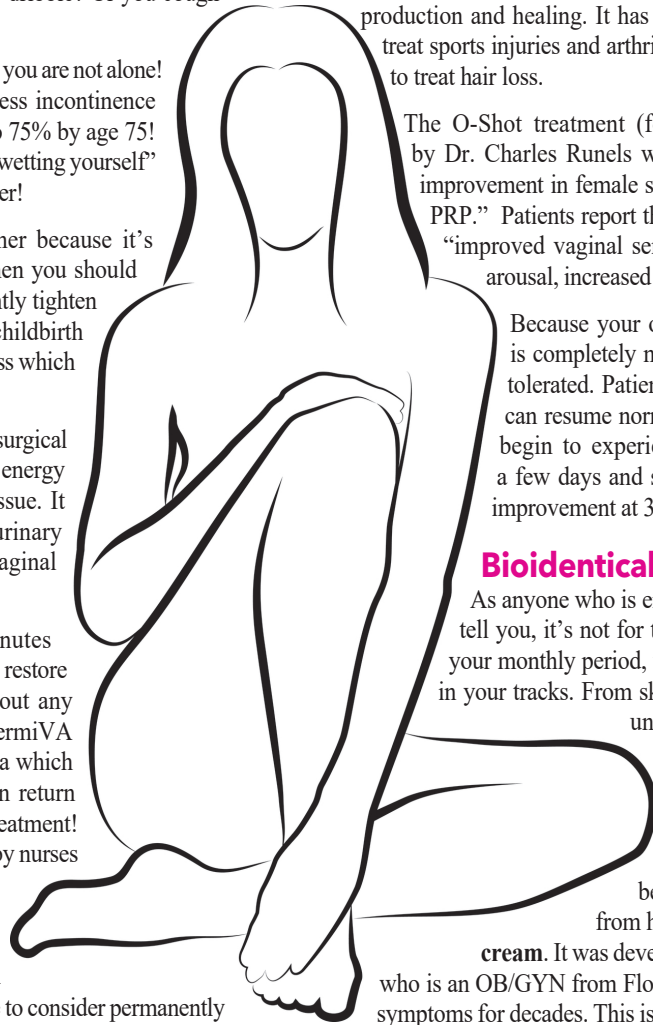
The O-Shot treatment (for anorgasmia in women) was created by Dr. Charles Runels who noticed that there was "a significant improvement in female sexual function index after treatments with PRP." Patients report that, after The O-Shot treatment, they have "improved vaginal sensation, an increase in sexual desire and arousal, increased lubrication and "mind blowing orgasms!"

Because your own blood is used, the O-Shot with PRP is completely natural and safe, as well as quick and well tolerated. Patients say it feels like a quick pinch and you can resume normal relations that same evening. You will begin to experience the benefits of The O-Shot within a few days and see a steady improvement, reaching peak improvement at 3 months.

Bioidentical Hormone Cream

As anyone who is entering or has experienced menopause can tell you, it's not for the weak! More than just the stoppage of your monthly period, the symptoms of menopause can stop you in your tracks. From skin changes to weight gain, body aches to uncontrollable emotional swings and mind fog", menopause is far more than hot flashes (as if they aren't bad enough)

For a long time Hormone Replacement Therapy got a bad rap but that was because of the use of high doses of estrogen from horse urine. We now offer **Replenish P/E2 cream**. It was developed by my friend, Dr. Richard Adelman, who is an OB/GYN from Florida who has seen women for menopausal symptoms for decades. This is a balanced formula that you can use if you experience peri- or menopause. It is made in the USA and one bottle will last about 2 1/2 months. Rub one pump of the cream to your inner arms daily. Do not use if you are pregnant/nursing or have vaginal bleeding of unknown cause or history of breast/uterine/ovarian cancer. **Only \$75 per bottle.**



Want to learn more about how ThermiVA, Laser Hair Removal, or the O-Shot will help you?

Then call for your consultation this month. For **only \$99 you'll receive a consultation, Dr. D's Book about ThermiVA, a ZO Skin Health kit worth \$75, and \$99 Off your first treatment!**

Call 607-286-0061 Now!

