



The NEW YOU

April 2018

INSIDER TIPS FOR A HAPPY, HEALTHY AND GLAMOROUS LIFE

From The Desk of Dr. D



Dr's Note: Welcome to my 3rd Annual April Fools Issue! SOME PEOPLE (ok, my staff) were confused when I first introduced the idea of an April Fool's Edition of The New You. They were worried that people might think I was serious (I know you're smarter than that). So to make my staff feel happier, if you see this little guy running around a page in this month's newsletter, you can be sure he is up to tomfoolery. **Meaning: Don't believe a thing that you read on that page!**



Family and Friends: We had our annual Oscar's party at our house. My daughter Claire and several friends, including Susan Kinney and Jason Curley came to cheer on the underdogs. (Jason is a man of many talents, not the least of which is construction, so if you need some work done, call my office to get his number.) Not much happening family wise this month except that my oldest son, Eric Jr, turns 31! Laura and I went to Boston for a weekend during St Patricks Day: it was crazy! At least our hotel was not filled with drunken louts till later when we could safely retreat to our room. We're opening our cabin in the Poconos the end of April and I plan to be there as much as possible this summer.

Staff: More babies are due this year but I can't reveal any details till the proper family is notified. That's what happens when you're surrounded by 50 female staff!

Friends: Shout out to Mildred and Lynn Doing for the cute little puppets with kisses in them that they



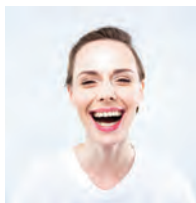
brought to the Norwich office for everyone. Also my new favorite vodka is Belvedere since my friend Kordian Wichtowski gave me a bottle from Poland - Yum!

Businesses: the Catskill Symphony Cabaret



Concert was a huge success in March and they raised the most donations ever due to the fantastic work of Craig Van Cott the CEO of Unalam in Sidney. He was a show all by himself. Yes those are pictures of his face on the sticks everyone is holding up! Our table among others had Joanne Callahan and Linda Leverock who turned the dance floor on fire! My staff Carmen and Christin and their spouses came too. (I'm told that Linda L. is one of the best swing dance teachers AND hair stylists in Oneonta for color. She can be reached at 432-7878 for hair and dance lessons too. She also sponsors dances on Sunday afternoons in Oneonta.)

Joanne is the realtor and comedian from Andes and is having a comedy show in Downsville at the Oldschoolhouseinn.com on Saturday April 7th. She brings up NYC comedians with her (the shows are hilarious.) I'm glad that the Autumn Cafe is now back open again in downtown Oneonta. They have their old favorites and some great new specials on the huge blackboard in the front. Bistro 163 in Binghamton now has their full liquor license so you can enjoy a martini that they named especially after me: The Happy Doctor! Find them online at Bistro163bing.com



The Office: I have made out my schedule for the whole summer and am taking a little more time off to relax in the Poconos, so make your appointments now to get the time you want with me. We now have Nitrous Oxide in the office! Otherwise known as Laughing Gas, if you're the anxious type or very sensitive, then nitrous oxide is for you! It relieves any discomfort and anxiety from procedures just like at the dentist. The best part is that it's perfectly safe and you can drive ten minutes after its finished! I'm very excited about the new technology Heart Partner. It increases blood flow to your body and brain by stimulating

your second heart, the calf muscle. Read more about it later on in this issue.

Reading: Just finished another book by the creator of Dilbert, Scott Adams: **How to Fail at Almost Everything and Still Win Big: Kind of the Story of My Life.** I'm becoming a big fan of Adams, reading his books and blogs and listening to his podcasts in the shower in the morning. His realistic view of the world is refreshing and gives a great backstory to the news. I highly recommend you give him a try. Also listened to **The Girl Who Takes an Eye for an Eye**, the 5th in the Lisbeth Salander Series - excellent!



Patient Appreciation Day: We're taking a break from our dinner parties this month because we are having our Patient Appreciation Day on Wednesday April 25th from 9am to 5pm. We're having snacks and fun and the reps from all of the various companies at the Oneonta and Binghamton offices. You can meet with my laser nurses and staff to discuss anything you'd like. This is the ONLY time of the year that we have across the board special pricing for ALL of the services and products we offer. See page 8 for more details.

Do you suffer from Leg Swelling, Cramps, Cold Hands and Feet, Dizziness, Memory Loss? Do You want to raise your metabolism?

If so the Heart Partner can Help You!

Over 17 studies show the Heart Partner helps with all of these problems by stimulating your calf muscle which is your "Second Heart". Increase the blood flow to your "First Heart" and your brain. **Raise Your Metabolism by 30% and lose weight!**



Try out Heart Partner yourself in our lounge

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>Easter Sunday</div> <div></div>	<div>2</div> <div>Easter Bunny Photos Southside Mall</div> <div></div>	<div>3</div> <div>Tweed Day</div> <div></div>	<div>4</div> <div> Evan Jagels Trio</div>	<div>5</div> <div>Restaurant Week Begins in Oneonta</div> <div></div>	<div>6</div> <div>Fabulous Friday Restaurant Crawl</div> <div></div>	<div>7</div> <div>Binghamton Philharmonic presents Link Up! Martin Kappel Theatre Norwich</div>
<div>8</div> <div>Let's Dance! Studio O Dietz St</div>	<div>9</div> <div> at Southside Mall</div>	<div>10</div> <div>Golfer's Day</div> <div></div>	<div>11</div> <div>Eight Track Tape Day</div> <div></div>	<div>12</div> <div>Russian Cosmonaut Day</div> <div></div>	<div>13</div> <div>Catskill Players Present: Bloody Murder Wieting Theatre Worcester</div> <div></div>	<div>14</div> <div>North Sea Gas</div> <div></div>
<div>15</div> <div>Love The Life You Live Expo</div> <div></div>	<div>16</div> <div> Find Us On Facebook</div>	<div>17</div> <div>Bat Appreciation Day</div> <div></div>	<div>18</div> <div> Steve Fabrizio Band</div>	<div>19</div> <div>CANO Writers Salon: John Verdon</div>	<div>20</div> <div> EVERY DAY!</div>	<div>21</div> <div> Pinecone Fletcher</div>
<div>22</div> <div></div>	<div>23</div> <div>Lover's Day</div> <div></div>	<div>24</div> <div>Pig In Blanket Day</div> <div></div>	<div>25</div> <div>Patient Appreciation Day This is the only time of the year that we have special pricing across the board on ANYTHING we offer at NYSVC 9am to 5pm</div>	<div>26</div> <div> Mothers of Intention SUCO Zappa</div>	<div>27</div> <div> Babe Ruth Day</div>	<div>28</div> <div> GIVE US YOUR EMAIL ADDRESS TO GET Exclusive Email Offers info@NYSVC.com</div>
<div>29</div> <div>national shrimp scampi day</div> <div></div>	<div>30</div> <div> Hairstyle Appreciation Day</div>	<div> ZO SKIN HEALTH Get Your Skin Ready for the Day Travel Size Package of: *Gentle Cleanser *Skin Polish *Complexion Renewal Pads ONLY \$59⁹⁹ or FREE with any Purchase over \$199 <small>Limit 1 per customer. Limited quantity. While supplies last.</small></div> <div>Patient Appreciation Day We're taking a break from our dinner parties this month because we are having our Patient Appreciation Day on Wednesday April 25th from 9am to 5pm. See page 8 for more details.</div>				

Address/links to events: bside ballroom: Clinton Plaza, Oneonta (www.bsideballroom.com) - Turning Stone: Verona, NY (www.turningstone.com) - Foothills Performing Arts Center: Oneonta, NY (www.foothillspac.org) - Proctors: Schenectady, NY (www.proctors.org) - Otesaga Hotel: Cooperstown, NY (www.otesaga.com) - Anderson Center: Binghamton University (www.binghamton.edu/anderson-center/) - SUNY Broome Ice Center: Binghamton, NY (www.sunybroome.edu/web/campus-life/ice-center/) - CANO Gallery: at the Wilber Mansion, Oneonta (www.canoneonta.org) - Hunt Union Ballroom - SUNY Oneonta: Oneonta, NY (www.oneonta.edu) - West Kortright Centre: East Meredith, NY (www.westkc.org) - Magic City Music Hall: Binghamton, NY (www.themagiccitymusicall.com) - The Forum Theatre: Binghamton, NY (www.broomearenaforum.com) - Oneonta Theatre: 47 Chestnut St, Oneonta, NY (oneontatheatre.com) - Brewery Ommegang: 656 Co Hwy 33, Cooperstown, NY (www.ommegang.com) - NY Faerie Festival: Ouaquaga NY (www.nyfaeriefest.com) - The Blarney Stone Pub Norwich, NY - Oneonta Outlaws Baseball (www.OneontaOutLaws.com) - www.stagecoachrun.com

NEW YORK SKIN & VEIN CENTER: 6 Country Club Rd., Oneonta, New York 13820 - (607) 286-0061 also at
157 East Main St, Norwich, NY - (607) 286-0695, 6 Franklin Rd, Walton, NY - (607) 865-5800, 150 Broad St, Hamilton, NY - (315) 750-1470
and 75 Pennsylvania Ave., (Next to BGH) Binghamton, NY 13903 - (607) 286-0694
info@nysvc.com - www.nysvc.com

We Have the Solution for Anything Your Face or Body Needs

- Tighten Turkey Neck, Batwings & Belly with ThermiTight
- ThermiVA for Bladder Control and Dryness
- Medical Weight Loss
- Acne & Acne Scar Treatments
- Excel V Laser for Rosacea, Facial Veins, Brown Spots
- Wrinkle Relaxers: Botox, Dysport, Xeomin
- Don't Just Fill Wrinkles - Look Younger with Sculptra
- Peels: for Pores, Melasma, Sun Damage, Acne
- Vacation Peel: Give Us a Week - We'll Give You Back a Decade
- Microneedling
- Instilift Weekend Facelift
- Fungal Toenail Laser
- Medical Dermatology: Acne, Rashes, Moles, Warts
- Laser Hair Removal
- Microdermabrasion, Facials
- Smooth Wrinkles, Crow's Feet, Smoker's Lines with CO2 Laser
- Radiesse: Restore Cheekbones
- Wrinkle Fillers: Restylane, Juvéderm, LYFT
- Restore Your Complexion with ZO
- Rid Your Legs of Spider Veins
- Varicose Veins Treatment: In-Office Awake Surgery
- Exilis Lunchtime Face Lift and Tummy Tuck
- Bellafill - the 5 Year Filler
- Laser Tattoo Removal
- Vanquish Full Body Fat Melting

Contact Us:

Oneonta: (607) 286-0061

Norwich: (607) 286-0695

Walton: (607) 865-5800

Hamilton: (315) 750-1470

Binghamton: (607) 286-0694

Email at: Info@nysvc.com

Facebook: NewYorkSkinandVeinCenter

Visit our website at www.NYSVC.com



Dr. Eric Dohner, M.D.



Stan Anderson, RPA-C
Physician Assistant
in Dermatology



Michael Weinberg, RPA-C
Physician Assistant
in Dermatology



Anne St. Pierre, NP
Nurse Practitioner
in Dermatology

Who We Are. What We Do. Where To Find Us.

Originally known as Oneonta Laser Derm, New York Skin and Vein Center was founded in 2001 by Dr. Dohner, who is the area's only board certified varicose vein specialist (ABVLM). Originally located at 41-45 Dietz St in Oneonta as Oneonta Laser Derm, the practice expanded and changed the name to New York Skin and Vein Center. We now have 5 locations with 3 dermatology PA's and NP's, 5 laser nurses and technicians, with two private surgical facilities for your safety, convenience, and privacy.

Upcoming Events

Patient appreciation day is virtual this spring - We're all busy and have spring fever so it's happening on **Wednesday April 25th from 9am to 5pm**. This is the only time of the year that we have special pricing across the board on **ANYTHING** we offer at NYSVC. The more you buy, the more you save! Details to follow via email and snail mail - **if we don't have your email, you'll lose out!** Send your email to INFO@NYSVC.com with your name, date of birth and address too!

Mommy Makeover in May:

Oneonta: Tuesday May 22nd and Binghamton: Thursday May 31st

We Get Mail!

Hello Dr. Dohner!

I know they say you can't reverse the damage that life has done to your skin but I'm here to tell you that I did with the micro-needling procedure. I am 52 years young and now my "wrinkleless" skin matches how good I feel.

- Carolyn P

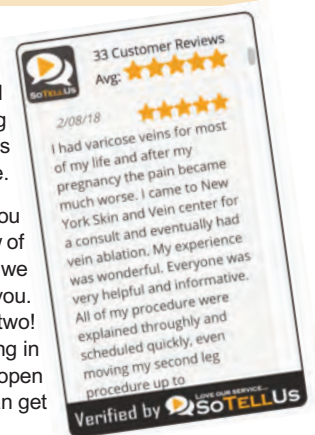
The New You is a monthly conversation about life as it looks from the helm of New York Skin and Vein Center. I believe in strong relationships; and this newsletter is my way of showing you who we are.

Some of you I see often, some of you come in every three months and few of you only once every few years - so we can go a long time without seeing you. And lot can happen in a year or two! This newsletter is my way of keeping in touch. The purpose of creating an open dialogue between us so that you can get to know who we are as a company.

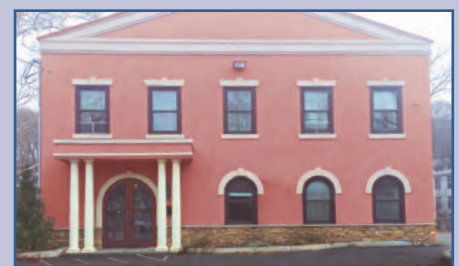
Nothing makes me happier than when I get mail. I'm interested in what you have to say and enjoy responding to your comments. So send your thoughts, wishes and questions to me, Dr Dohner, at INFO@NYSVC.com and I will be sure to respond right away.

Dr D

P.S. Every month I try to rise to the mammoth challenge of making a "medical newsletter" a great read. If I've failed in your eyes to do that, you can unsubscribe by sending an email to INFO@NYSVC.com.



6 Country Club Road, Oneonta



75 Pennsylvania Ave., Binghamton

These Foolish Things Remind Me Of You...

This April Fools Day why not delight your friends with my (kinda weird but oh so good) April recipes? Perfect for impromptu dinner parties; with just a few hours notice you can easily bring this meal together. Your guests will be delighted by these culinary pranks!



Arista al latte or “Pork Loin in Milk”

(serves 8)

Though not your usual pork recipe your guest will love this delicious Classical Italian dish. It only takes 10 minutes to prepare and an hour and a half in the oven which gives you plenty of time to relax with a cocktail (Yup, no April Fools here my friends)

Ingredients:

3lb loin pork, with fat attached and rind removed, tied with string
2 tbsp olive oil
48 fl oz milk
5 1¾ oz butter
6 cloves garlic, peeled and split in half
2 unwaxed lemons, peel removed
Salt and Black Pepper to taste

Directions:

- 1 Heat the oven to 320 degrees. Season the pork well with salt and freshly ground black pepper. Heat the oil in the bottom of a large casserole or frying pan over a medium heat. Add the pork and slowly cook until golden. Remove it from the pan and wipe out the excess fat with kitchen paper.
- 2 Bring the milk to just under the boil in a large saucepan. Heat the butter in the casserole. Add the garlic and cook for 1-2 minutes, then add the pork.
- 3 Add enough of the milk to come about a third of the way up the side of the pork. Drop the strips of lemon peel (minus any white pith) into the milk and bring to the boil.
- 4 Cover with foil or a lid, and transfer to the oven. Cook for 1 hour then remove the cover and continue to cook for a further 30 minutes. Spoon off and discard any fat. Serve the pork in slices, accompanied with the reduced milk.

Dr's Note: The milk will reduce to a lovely, soft, golden, lemony curd. Spoon this around the meat when you serve it.



Dr D's Time For a Change Cocktail (serves 1)

Yes, I know my color changing cocktail sounds strange but really, all I am saying is “Give Peas a Chance”

2 ¼ oz rum
1 oz fresh lime juice
¾ oz Tarragon leaves

3 Tsp very young small sweet peas
5 small pomegranate/beet/allspice
ice cubes*

Muddle the peas in the bottom of mixing glass, then add the remaining ingredients. Add ice and hard-shake until well-chilled. Double-strain into a short-stemmed glass. Top with flavored ice cubes.

To make Small pomegranate/beet/allspice ice cubes:

Combine 2 cups pomegranate juice, 1/2 cup red beet juice, 3 oz St. Elizabeth allspice dram and 20 dashes The Bitter Truth Jerry Thomas' bitters in a pitcher. Freeze in ice cube trays.

The Top 5 Cocktails You Really Need To Stop Ordering

(According to our Cranky Bartenders)

Think the bartender is judging you? No joke - he probably is! A recent survey of 260 bartenders revealed some hard to swallow facts. If you order any of the following drinks be prepared to receive a sneer from your bartender (and slow service on your next round)

#1 on our list is the **Appletini** with a whopping 49% of surveyed bartenders said that they actually think less of people who order this drink (so don't expect to see your server anytime soon after ordering one of these)

#2 is The **Irish Car Bomb** aside from the decidedly “non-PC” name of this drink 40% of bartenders hate making them (Jagerbombs aren't too popular with the over-30's either)

#3 on the American bartenders “**Most Hated Adult Beverages**” chart is - **Anything FROZEN!** It seems that bartenders acquaint frozen drinks with college girls at frat parties (and everything negative that implies)

#4 Sex on the Beach Yes dear readers, according to the survey, this 80's giggle-fest cocktail has about as much appeal as padded shoulders with a “hate-rate” of 29%. Maybe it's the thought sand getting into awkward places? We don't know but we do know that your bartender hates this drink!

#5 Long Island Iced-Tea As said by one of our favorite barkeeps, “What right-minded adult wants to drink everything in the well combined into a single drink?” No! Just - NO!

But Never Fear - Dr D Has Your Back -What to order instead? Our extensive research shows that Mojitos, Old Fashioneds, Negronis AND of course my personal favorite, The Martini, never go out of style (So basically stick to the traditional cocktails and you can't go wrong). Cheers!

Reinvent Your Body For Summer

Follow Our Simple 3 Step Program And Gain Up to 30 lbs In Time For Summer!

Now that summer is around the corner many of us are wondering, "How can I get my best ever beach body?" Not everyone is fortunate enough to be have "extra padding" but with a little hard work you can be 20, 30, even 40 lbs heavier by June just by following these simple steps:

Step 1: Breakfast Meals for Beautiful Bulges

Aim for larger portions than you normally eat and choose calorie-dense foods instead of flaked cereal and plain toast or fruit. For example, have 1 cup of honey coated granola cereal with 1 cup of whole milk and 1 cup of sliced banana for 1000 calories. Top with an ounce of walnuts to add another 183 calories. Drink a glass of whole milk on the side to add 149 calories along with a cinnamon-raisin English muffin topped with peanut butter for another 328 calories, bringing your breakfast total to an enormous amount of calories!

Step 2: Lovely Lunches and Delicious Dinners for Dedicated Non-Dieters

Make high-calorie choices: opt for dense, crusty breads, chunky or creamy soups, pastas, generous portions of carbs and starchy vegetables. Go for 2 cups of spaghetti with 1 breast of fried chicken for 1582 calories and a large white potato with 12 ounces of skirt steak for an additional 1453 calories. A vegetarian meal might involve mixing a cup of black beans with 2 cups of white rice for 950 calories - but who wants to eat that anyway?

Add 1 cup of mashed avocado to either meal for 384 extra calories or

an 4 oz chunk of cheddar cheese (at 114 calories per ounce) for maximum gain. Increase the meals' calories even more by drinking milk or juice alongside. Having yogurt with fresh fruit for dessert or grabbing a handful of nuts is a complete waste of time, we suggest a double chocolate brownie with vanilla ice-cream.

Step 3 : Late Night Snacks for Maximum Curves

Snacks help you sneak in extra calories during the day, especially if you find large meals overwhelming to your appetite. Carry a bag of M&M's with you to munch on throughout the day for a whole lotta extra calories; alternatively, a family size bag of potato chips (who can eat just one?) is an excellent choice. Have a peanut butter and jelly sandwich on Classic White Wonder Bread before bed for a quick calorie burst followed by delicious cream topped hot chocolate. A packet of those pre-made crackers with cheese and a milkshake will do in a pinch but you don't want to skimp on your late night snacking!

Other ways to boost calories at meals and snack time is to add dry milk powder to casseroles, a glass of milk or smoothies. This provides an additional 80 calories per 1/3 cup of the powder. Saturated fats are fantastic sources of calories, too! Try butter mixed into pasta, a couple of slices of pizza or Boursin Cheese (Garlic and Fine Herbs is our favorite) on a French baguette.

If all else fails, we can't recommend raiding the kids candy stash or ice-cream strongly enough! Yes they'll complain, but what's a fistful of Skittles compared to giving birth? By following our simple 3 Step Program we guarantee that you will add weight to your waistline by summer.



What To Wear Once You're There

Once you have your beautiful new beach body you're going to need the perfect swimsuit. We searched the Internet for ideas and here's what we found:



Sadly, the pattern instruction for this delight were not available but we are pretty sure your grandma has a pattern for something similar (hint: she probably has the matching blanket in a closet somewhere)

Show them how you got your new cellulite dimples with this waffle butt swimsuit from www.nastygirl.com



Or with this tasty little creation from www.politicaldresser.com (yes that's an actual Internet storefront folks!)



We've seen that beachwear can sometimes be a tad too revealing but we don't judge... When you're REALLY ready to "show it all off" you can't beat these anatomically correct suits from www.blackmilkclothing.com

But the NUMBER 1 favorite around the office was this aptly named suit "Shark v Princess" from www.blackmilkclothing.com

**WOW! Does it get better than that?
Enjoy your new beach body!**





What Your Leg Veins Say About You

For 15 years Dr Dohner has been "reading veins" (a little known talent found only among the first born sons of the Pennsylvania Dutch). Though there are those who swear by tea leaves, Dr D knows that only your legs hold the real secrets to your personality. Wherever people gather they call out, "Dr D, Dr D, look at my veins!" Because he can't reach everyone he has kindly agreed to lift the "veil on veins" - this one time only - and share the gift of his ancestors with us all.

Are you ready to see beyond the vein? Are you ready to be mesmerized by the Dohner divinations? Are you ready to reveal your veins? Yes? Then let's begin..



Although there are those who might say that a single line of varicose veins shows a lack of imagination that is simply not true! Single vein varicose is often found among great thinkers. In fact, we bet Einstein had varicose veins like these! The four bulging veins over the vertical show that you have a tendency to cross words when agitated but you never hold a grudge. You are more likely to be found playing hooky than sports. A bit of a daydreamer, you are happiest watching Netflix with your cat.

All-Over bulging veins is the mark of people who take law and order very seriously (and with legs like this you could be a copper!) You knew early on in life that there was only one way for you and that's YOUR way! But hey, someone has to organize all the fools around you - am I right?



Jazzy spider veins denote a bohemian personality. Friends probably say that you are the "life of the party" (probably because you're the only one still standing by the end of it) The "starburst" appearance of these veins shows a creative bent - which comes in handy when you have to come up with excuses as to why you were late getting home...

Nicole and **Ashley** the leg vein ultrasound techs offer **complimentary** leg vein ultrasounds and exams at the Oneonta, Binghamton and Norwich offices. This way you can see any vein problems under the surface of the skin where vein issues originate. Call **(607) 286-0061** for your leg vein ultrasound Now!



Bumpy all over - just like your life! No one has ever said that you've had it easy but honey you've got your act together now! A mover and a shake, you're ready to tackle any problem, any situation and just about anybody who gets in your way! Always willing to broker a deal; you'd make a great lawyer or a Mafia Don. You're a good friend or a very, very bad enemy (there's no inbetween).



Spider veins AND varicose? My aren't we the overachiever? We bet you've been top of the class ever since Kindergarten. If they want something done people turn to you but could you also be a bit of a bossy boots? You are most likely to be found running a Fortune 500 company, a prison, or as the dictator of some small country somewhere.



Although we are making fun of varicose veins in this April Fool's issue, we at New York Skin and Vein Center understand that the aching, throbbing, tired, heaviness, cramping, swelling and restlessness of varicose veins is no laughing matter. If you are experiencing any of these symptoms, call immediately for a complimentary leg vein ultrasound and exam in our Binghamton, Oneonta or Norwich offices. Call **(607) 286-0061** NOW!

(Not ready for an ultrasound? Call for Dr. D's Book about Getting the Healthy Pain Free Legs You Deserve Now at **(607) 286-0061**.)



Reversing The Signs of Youth

Youth Reversal is the HOTTEST thing in Hollywood right now with actresses paying royally for an appointment with famed skin care expert, Ima Quack, M.D.

Quack, who studied medicine at Sumtyny University, Onanunspecified Island, is the man behind the prestigious Whymabotherin Center For Premature Aging (located deep in the Hollywood Hills). With his sunbed "photo-therapy" techniques and sleep deprivation treatments, he is leading the charge against anti-aging. Dr Quack told New You that today's actors are tired of looking young. He insists that the women he sees at his swank clinic want to look completely natural. "They are coming to me and saying, Dr Quack, please, please, make me look older!"

Quack (who interestingly looks very youthful himself) insists that his treatments are 100% effective for all women, not just the rich and famous. "In just one week I can make any women look much older than she really is!" And his claims would seem to have merit. The highly special investigation unit of New York Skin and Vein Center (our Intern) has uncovered photographs of several formerly youthful celebs who swear by Quack's Aging techniques.



Actress Demi Moore who was recently seen leaving Dr Quack's Clinic is certainly showing clear signs of aging (note the sagging cheeks, loss of chin definition and the addition of jowls)

Melanie Griffith swears by the aging procedures saying, "Dr Q saved my career! I was tired of being just another pretty face in Hollywood" We think Dr Quack has done a great job!



Once considered "eternally youthful" Depp has developed a gaunt (dare we say slightly crazed) look after years of being on the cover of magazines everywhere.

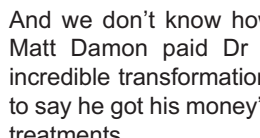


Darryl Hannah actress (and former JJ Kennedy girlfriend) was almost unrecognizable after a week at Dr Quack's clinic late last year.

Barbra Streisand letting it all hang out after her recent "aging therapy" treatment



And it's not just women who are singing Quack's praises; Hollywood Hottie Johnny Depp has reportedly been a patient of Dr Quack's since 2016 and it shows!



And we don't know how much money Matt Damon paid Dr Quack for this incredible transformation but we'd have to say he got his money's worth in aging treatments.



It seems that everyone wants to be part of the New Aging Movement. Former Mr Universe (and California politician), Arnold Schwarzenegger, isn't just an investor in Dr Quack's clinic; he's a dedicated client too!

Want to look older but can't afford a week at his clinic (prices start at around \$300,000)? Dr. Quack insists that petrolatum (which is used in many all of his cleansers) and lanolin (used in his rich moisturizers) are perfect for all skin types. "Both petrolatum and lanolin are incredibly pore-clogging and with long term use will certainly age the user. I highly recommend daily use of anything that contains these ingredients"

And who doesn't love fragrance in facial products? Perfume is an irritant that you may not be able to notice on the surface of the skin, but Dr Quack claims that "Deep down, your skin will thank you! Fragrance in facial products has long been used to hasten the aging process, allowing skin to be show sign immediate of aggravation once only seen in the most expensive long-term aging products" Dr Quack is so convinced that aging is the way of the future that he has created a product line in order to reach as many people as possible.

"I believe that everyone should have the opportunity to give me money" He told us via telephone earlier this month. "I have a complete line of skincare products that will age any face - guaranteed!" We couldn't agree more! Here are our favorites from the Dr Quack line:

What You Should Try



Dr Quack's NuGlue Wrinkle Goo \$300

Why We Love It: It's hard to get that "lived in look" on immature skin but for this seasons "ancient complexion" Dr Quack offers this skin pinching glue. With just a touch of makeup over the top you'll be looking like 90 in no time!

Barely There Hair Treatment \$150 /7oz bottle

Why We Love It Nothing says aging like thinning hair (except perhaps for much coveted facial hair) Washing your hair with Dr Quack's thinning solution will create the lackluster locks you've always wanted. And speaking of hair....



Dr Quack's Testosterone Cream For Cheeks and Chin \$800 .5oz

Why We Love It Though expensive we really think this cream is worth every penny! Daily use is guaranteed to increase your facial hair. Our testers saw a 50% increase in chin whiskers and stray eyebrows.



And then all you need to complete your new look are a pair of **SMAX Hip Expander panties (\$140)** and from any big box stores clothing department.

We really think that Dr Quack might be onto something here! If your interesting in learning more about these incredible aging procedures and products call right NOW (607) NOT - LIKELY to learn how YOU can reverse the signs of healthy youthful skin in just 6 weeks.





New York Skin & Vein Center
6 Country Club Rd
Oneonta NY 13820
(607) 286-0061

Also at:
157 East Main St
Norwich NY 13815
(607) 286-0695

6 Franklin Rd
Walton NY 13856
(607) 865-5800

150 Broad St
Hamilton, NY 13346
(315) 750-1470

75 Pennsylvania Ave
(Next to BGH)
Binghamton NY 13903
(607) 286-0694



- What's Dr D Up To Now? He Tells All On Page 1
- What Do Your Leg Veins Say About Your Future? Find Out On Page 6
- Summer's Coming! Is Your Body Beach Ready? See Page 5
- Turn To Page 4 For No Fool Recipes For Your Next Dinner Party
- Cabin Fever? Find Out What's Happening In Your Neighborhood On Page 2
- Reversing The Signs of Youth On Page 7

If You or Anyone You Know Would Like a Copy of This Newsletter, Please Call Us at **607-286-0061** or email us at **Info@NYSVC.com** with your name, address and email.
We'll Get One in the Mail ASAP!

Patient Appreciation Day

We're taking a break from our dinner parties this month because we are having our **Patient Appreciation Day** on **Wednesday April 25th from 9am to 5pm**. We're having snacks and fun and the reps from all of the various companies at the Oneonta and Binghamton offices. You can meet with my laser nurses and staff to discuss anything you'd like. This is the **ONLY** time of the year that we have across the board special pricing for **ALL** of the services and products we offer. We're releasing the details on **Wednesday, April 11th** of all the Special Pricing available for you. Watch our website page at **nysvc.com/events** too. Remember the more you invest in yourself, the more you save **AND** we'll have special bonuses too.

We are the area's exclusive office offering the world's best skin care: ZO Skin Health. It's so good that it is the **ONLY** skin care Dr D allows in the office. This month our product of the month is the Get Skin Ready Travel Pack.

Get Your Skin Ready for the Day

Travel Size Package of:

- *Gentle Cleanser
- *Skin Polish
- *Complexion Renewal Pads

ONLY \$59⁹⁹ or FREE with any Purchase over \$199

Limit 1 per customer. Limited quantity. While supplies last.

